Hospital/HCA Transaction Is Moving Forward

We want to provide you with an update on OU Medical System and a pending transaction that will conclude the joint operating agreement with our current hospital partner, Hospital Corporation of America (HCA).

As you know, the University Hospitals Authority and Trust (UHAT) and the University of Oklahoma announced in March that they could not successfully conclude a transaction to form a jointly governed health network with SSM Health's St. Anthony Hospitals. At that time, UHAT reiterated its commitment to complete its previously announced plan to purchase HCA's interest in OU Medical System.

We are pleased to report that the HCA transaction is moving forward and we intend to close in late summer or early fall. We will continue to contract with HCA to provide select services after that date, but its day-to-day management of OUMS will conclude. We continue to move forward with critical system enhancements, including the construction of additional hospital and operating room space, among other things.

To prepare for this important transition, we are working diligently with campus and physician leaders, expert consultants and a number of internal workgroups to plot the best future course for the entire OU Medicine family – patients, physicians, nurses, staff, researchers, educators, students and other stakeholders.

While there are still many details to be worked out, we are excited about the future and the role that all of us will play in it. We will keep you updated on the progress of this process. We again ask for your continued patience, support, engagement and leadership as we move forward together.

Sincerely,

Jason R. Sanders, MD, MBASenior Vice President and Provost
OU Health Sciences Center

Russell G. Postier, MDInterim Executive Dean
OU College of Medicine

Chuck SpicerChief Executive Officer
OU Medical System

Dean GandyChief Executive Officer
University Hospitals Authority and Trust

In This Issue

Page 2

Meet Our New Providers

Page 3 - 4

Castle Connolly Names Top Doctors

Page 5

Adams Earns Recertification Boren Elected to Academy

Page 6

Clean Hands Count Bartley to Receive Award

Page 7

Spot-On Service Awards Presented Staff Senate Employee of the Month

Page 8

Full Moon Bike Ride and Run Hearing Screenings Offered

Page 9

Corporate Challenge Nears Hope Grows Here Survivors' Week

Page 10

Health and Fitness Expo Highlights

Page 11

AAAHC Site Survey This Month Head and Neck Screenings Offered OTRC Hosts Seminar

Page 12

Kanter Visits Kids
Attend This EMR Demonstration

Page 13

CSC Accepts Generous Donation Weight Watchers at Work

Page 14

HIPAA Hot Spot

Page 15 - 16

Wheelchair Basketball Highlights

Page 17

Executive Luncheon

Page 18

Bladder Cancer Walk Spring Craft Fair

Page 19

Children's Easter Event

Page 20

New Employees

Page 21 - 24

Live to Give Features

Page 25 - 29

OU Fit Features
Page 26 - 27

Trauma Survivors Celebrate

Page 30 - 31

Support Groups

Meet Our New Providers

Suanne M. Daves, M.D. Anesthesiology

Suanne M. Daves, M.D., board-certified anesthesiologist, has established her practice with OU Physicians and also has been named a professor with the University of Oklahoma College of Medicine. She earned sub-specialty certification in critical care medicine and her specific area of expertise is pediatric cardiac anesthesia.

Daves completed a critical care medicine fellowship at the University of Chicago, and served as senior clinical fellow in the cardiac intensive care unit at The Children's Hospital Harvard School of Medicine, Boston, Massachusetts. She completed an anesthesiology residency at the University of California, Irvine, and earned her medical degree at the University of Oklahoma College of Medicine.

She is a member of the American Society of Anesthesiologists, Society for Pediatric Anesthesiology, Pediatric Cardiac Intensive Care Society, and the Congenital Cardiac Anesthesia Society.

Focus is a publication of



Access previous issues at https://intranet.ouphysicians.com/newsletters/Focus/

TOP DOCTORS



Editor's Note:

This list is drawn from resources with the most accurate information available at time of Focus distribution.

If you believe your name has been inadvertently omitted, please contact the editor in order that we may ensure due recognition.

2017 Castle Connolly Top Doctors

Castle Connolly Medical Ltd. publishes materials to assist consumers in seeking their best options in quality health care. The most popular of these publications is *America's Top Doctors*®, a compilation of physicians nominated by their peers in an extensive survey process. These Top Doctors' medical educations, training, hospital appointments, and disciplinary histories are just a few of the elements screened by the physician-led research team. OU Physicians is always well represented as shown by the impressive roster blow. Congratulations to our own "Top Doctors."

Hematology-Oncology

Alexandra Ikeguchi, MD George Selby, MD

Adolescent Medicine Amy Middleman, MD

Nephrology

Benjamin Cowley, Jr, MD Lukas Haragsim, MD Satish Kumar, MD

Surgery

William Dooley, MD Russell Postler, MD Beverly Talbert, MD

Sports Medicine Charles Pasque, MD

Plastic Surgery Christian El Amm, MD

Pulmonary Disease David Levin, MD

Orthopedic Surgery

Timothy Puckett, MD David Teaque, MD

Pediatric Orthopedic Surgery

William Herndon, MD

Neurology

David Gordon, MD Eduardo De Sousa, MD

Diagnostic Radiology

Betsy Jett, MD Kelly McDonough, MD Debra Mitchell, MD Faridali Ramji, MD

Infectious Disease

Douglas Drevets, MD

Cardiovascular Disease Dwight Reynolds, MD

Pediatric Cardiology Edward Overholt, MD Endocrinology, Diabetes & Metabolism

Madona Azar Mary Zoe Baker, MD

Pediatric Endocrinology Laura Chalmers, MD

> Colon & Rectal Surgery Gary Dunn, MD

Pedlatric Thoracic & Cardiac Surgery Harold Burkhart, MD

> Rheumatology Ira Targoff, MD

Radiation Oncology

Ozer Algan, MD Terence Herman, MD J Spencer Thompson, MD

Gastroenterology

Javid Fazili, MD Raiph Guild III, MD William Tierney, MD

Pedlatrics

JIII Warren, MD

Gynecologic Oncology

Robert Mannel, MD Joan Walker, MD

Cardiac Electrophysiology

Karen Beckman, MD Warren Jackman, MD

Obstetrics & Gynecology Robert Wild, MD

> Reproductive Endocrinology

LaTasha Cralg, MD Karl Hansen, MD

Developmental-Behavloral Pedlatrics

> Laura McGuinn, MD Mark Wolraich, MD

> > continued, next page

Ideas for Focus? Contact the Editor: valerie-pautsch@ouhsc.edu Top Doctors, continued

Ophthalmology

Bradley Farris, MD Cynthla Bradford, MD Reagan Bradford Jr, MD Stephen Fransen, MD Layne Goetzinger, MD Jean Hausheer, MD David Jackson, MD Mahmoud Khalmi, MD Rebecca Morgan, MD Anii Patel, MD Rhea L. Slatkowski, MD R Michael Slatkowski, MD Steven Sarkisian Jr, MD Gregory Skuta, MD Ann Warn, MD Deana Watts, MD Tammy Yanovitch, MD

Pathology

Kar-Ming Fung, MD

Urology

Michael Cookson, MD Daniel Culkin, MD

Otolaryngology

Jose Sanclement, MD

Neonatal-Perinatal Medicine

Marilyn Escobedo, MD

Psychlatry

Phebe Tucker, MD

Dermatology

Pamela Allen, MD Thomas Stasko, MD

Gerlatric Medicine

Peter Winn, MD

Family Medicine

Ryan Biggers, MD Rachel Franklin, MD

Internal Medicine

George Tardibono, MD Stephen Travis, MD

Hand Surgery

Thomas Lehman, MD

Neurological Surgery

Timothy Mapstone, MD Craig Rabb, MD

Pediatric Hematology-Oncology

Rene McNall-Knapp, MD William Meyer, MD

Adams Earns Recertification

Holly C. Adams, FACHE, OU Physicians executive director of operations and community health, was recently recertified as a Fellow of the American College of Healthcare Executives, the nation's leading professional society for healthcare leaders.



"The healthcare management field plays a vital role in providing high-quality care to the people in our communities, which makes having a standard of excellence promoted by a professional organization critically important," said Deborah J. Bowen, FACHE, CAE, president and chief executive officer of ACHE. "By becoming an ACHE Fellow and earning the distinction of board certification from ACHE, healthcare leaders demonstrate a commitment to excellence in serving their patients and the community."

Achieving Fellow status represents the highest standard of professional development. To obtain

Fellow status, candidates must fulfill multiple requirements, including passing a comprehensive examination, meeting academic and experiential criteria, earning continuing education credits and demonstrating professional/community involvement. Fellows are also committed to ongoing professional development and undergo recertification every three years.

The American College of Healthcare Executives is an international professional society of 40,000 health care executives who lead hospitals, health care systems and other health care organizations. Its mission is to advance members and health care management excellence. ACHE offers its prestigious FACHE® credential, signifying board certification in health care management. With an established network of 80 chapters, ACHE provides access to networking, education and career development at the local level.

Boren Elected To Academy



OU President David L. Boren has been elected to the American Academy of Arts and Sciences, one of the country's oldest and most distinguished honorary societies.

Founded in 1780, the Academy counts such individuals as Benjamin Franklin, Thomas Jefferson, Ralph Waldo Emerson and Alexander Graham Bell among its membership.

Boren is one of the first OU faculty and staff members ever elected to the Academy and was chosen in the category of Public Affairs, Business and Administration.

"It is a humbling and exceptional honor to become a member of the American Academy of Arts and Sciences," Boren said. "I am mindful of the many distinguished members of the Academy who have preceded me, including many of my personal heroes. With this recognition comes a heavy responsibility to make a contribution to our national conversations about these basic values and our identity as a people."

Among current academy members are more than 250 Nobel and Pulitzer Prize winners. Boren's class, the Academy's 237th, consists of 228 new members who will be inducted in October.

Bartley To Accept Award



Traci Bartley, L.C.S.W., OU Physicians at Fountain Lake, has been chosen by the Anne and Henry Zarrow School of Social Work to receive its 2017 Oklahoma Heart of Social Work Award. Created more than a decade ago at the request of social work students, the award honors field instructors and the commitment they make to their students and to the development of professional social work in the state of Oklahoma.

Each year, graduating students are invited to nominate field instructors who have provided exemplary guidance in students' professional development through the practicum. The awardee ultimately is selected by Norman campus faculty and staff through an anonymous vote.

"Over the past four years, OU
Physicians has been able to train
social work students in the growing
field of integrated behavioral health
in primary care. It is an honor to
receive this award and facilitate this
learning at our clinic," Bartley said.
"Our team at Fountain Lake remains
committed to training this next
generation of professionals. I always
learn so much by having students as
well, so it is a win/win situation."

May 5 Is World Hand Hygiene Day

It's not likely to be celebrated with parades and confetti, but World Hand Hygiene day merits special attention, especially in health care settings.

The concept of using an antiseptic substance to clean hands is believed to have emerged in the early 19th century. In 1822, a French pharmacist found that solutions containing chlorides of lime or soda could minimize or eliminate odors of human corpses. Further, he demonstrated that these solutions held promise as disinfectants and antiseptics.

In 1843, Oliver Wendell Holmes conducted an independent study, which concluded that puerperal fever was spread from patient to patient by the hands of health care workers. Although he described effective measures to limit the spread of disease, his recommendations were largely disregarded at the time.

What does it mean to be clean, disinfected or sterile? There are concrete scientific formulas that explicitly define these levels and the agents that can effectively achieve appropriate levels. These formulas are grounded in a thorough understanding of skin physiology as well as normal bacterial skin flora, both transient and pathogenic: how normal human skin is colonized with bacteria; that different areas of the body (scalp, abdomen, forearm, hands, for example) have various kinds of bacteria and bacterial counts; among others factors.

Transmission of health-care-associated pathogens from patient to patient by way of health care workers' hands requires a sequence of events:

- Organisms, on patient's skin or that have been shed onto inanimate objects in close proximity to patient, are transferred to health care workers' hands.
- 2. These organisms must be capable of surviving for several minutes while on the hands.
- 3. Handwashing or hand antisepsis by health care worker is inadequate, or omitted entirely, or the hand hygiene agent used is inappropriate.
- 4. Finally, contaminated hands of caregiver come in direct contact with another patient, or with inanimate object(s) that will come into direct patient contact.

Pathogens can be transferred not only from obvious areas of concern such as infected or draining wounds, but from contact with normal, intact patient skin. Patients having diabetes, undergoing dialysis for chronic renal failure, and/or those with chronic dermatitis are most likely to have areas of intact skin colonized by *Staphylococcus aureus* - the most dangerous of all the many common staphylococcal bacteria. Because viable microorganisms are shed daily from normal skin, patient gowns, bed linens, exam room furniture or other objects in the immediate environment are easily contaminated with patient flora.

Protect Yourself. Protect Your Patients

https://www.cdc.gov/mmwr/PDF/rr/rr5116.pdf FOCUS **May 2017** Page 6

OUHSC April 2017 Employee of the Month



Paije Fauser
Director of Academic & Student
Services, College of Allied Health

Those who supported Paije Fauser's nomination for Employee of the Month weren't short on words to describe her worthiness. Colleagues consider her an asset to the College of Allied Health and OU, making contributions well beyond the expectations of her job role. Fauser is committed to her work at the College of Allied Health as well as Staff Senate through active participation, service and communication to employees.

Her outside-the-box thinking finds ways to make improvements that benefit students, departments and the college. Nothing in the work environment place escapes Fauser's ability to learn, understand, improve or conquer.

She is a creative team leader with a "whatever it takes" attitude to achieve. In addition, Fauser manages several benchmark events in the college. She is highly organized, detail-oriented and genuinely friendly at every level of task completion. Fauser was honored at a reception on April 21.

Spot-On Service Awards Presented

Winners of Spot-On Service awards for the first quarter of fiscal year 2017 were recently named and are pictured below. This recognition initiative originated as a means to promote employee engagement as well as reward excellence. Eligible nominees are those who:

- ♦ Use AIDET every patient, every time
- Exemplify and model EXCEL behaviors
- Provide excellent internal and external customer service
- Inspire co-workers and lead by example

Award recipients receive an OU Physicians keychain and enjoy the benefits of valet parking for an entire week. Congratulations on jobs well done!



left
Angela Pearcy,
Student/Employee
Health & Wellness
right
Danielle Lee,
Pain Medicine



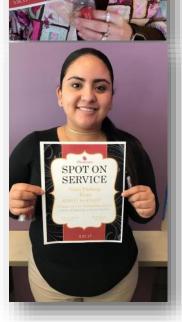
left
Robin McElhaney,
Stephenson Cancer Center
Multidisciplinary Clinic
right

Kylie Majors, Stephenson Cancer Center Hematology-Oncology



Stephanie Akers, Sooner Pediatrics (photo unavailable)





FOCUS May 2017 Page 7



In recognition of Better Speech and Hearing Month, OU Physicians Audiology and Oklahoma Ear Institute are offering hearing screenings and hearing aid evaluations during the month of May at no cost to participants.

Hearing screenings take about 15 minutes, while hearing aid evaluations may take up to an hour.

Appointments are available Monday through Friday, 8:30 a.m. to 4 p.m., in the OU Physicians Audiology Clinic. To schedule an appointment, call 405-271-1368 and mention the screening promotion.



The Stephenson Cancer Center is helping facilitate the **Myriad Garden's 2017 Full Moon Bike Ride and Run Series** – a casual monthly event where community members can enjoy a leisurely one-hour bicycle ride through the scenic the downtown area as the sun sets.

No pre-registration is necessary to attend Full Moon events. Walk-ups are welcome and the cost is just \$5. Participants in the biking event will receive a complimentary Stephenson Cancer Center safety light. *Lights and helmets are required*.

If you don't own a bike, visit Spokie's Bike Share or find a bike at the Cox Convention Center or Downtown Library. Spokie's will make the entire fleet available on the dates listed below.

2017 Season Dates

Wednesday, May 10	8 p.m. run, 8:30 p.m. ride
Wednesday, June 7	8 p.m. run, 8:30 p.m. ride
Saturday, July 8	8 p.m. run, 8:30 p.m. ride
Monday, August 7	8 p.m. run, 8:30 p.m. ride
Monday, September 11	7 p.m. run, 7:30 p.m. ride
Thursday, October 5	7 p.m. run, 7:30 p.m. ride

For more information contact Ashley Watts at ashley-watts@oushc.edu



OU Medicine Corporate Challenge is an event that brings companies and organizations across the Oklahoma City area together to compete in a wide variety of athletic events. Whatever level of skill, there's a place for the beginner, intermediate or advanced athlete, in addition to many volunteer opportunities. Corporate Challenge also raises money for the UCO Endeavor Games, an event that provides a competitive venue for athletes with physical disabilities. In the past seven years, Corporate Challenge participant companies have raised more than \$300,000 for the games.

This year's festivities begin **Friday**, **June 2**, and continue through **Sunday**, **June 4**. We're looking forward to a great weekend of friendly competition, comradery and fun! Together we can make a difference in our community by encouraging physical wellness, as well as raise money and awareness for the UCO Endeavor Games.

OU Fit participants receive 200 points as athletes, or 100 points as volunteers. Points must be redeemed after the event; submit proof of participation by uploading to the OU Fit portal.

By Popular Demand:

Here's a chance to see what your support of the UCO Endeavor Games really means for athletes with physical disabilities. Corporate Challenge participants should take advantage of this opportunity to see an **exhibition event featuring wheelchair basketball**. These real athletes will demonstrate their abilities, and Corporate Challenge participants will have a chance to see what they can do.

Bishop McGuiness Gym Saturday, June 3 1:30 p.m.



Survivors' Week

Stephenson Cancer Center is hosting its annual Survivors' Week beginning Tuesday, May 30, to Friday, June 2.

Events include cookies for patients, decorating luminaries for Relay for Life, food truck lunch on Thursday, and a Friday morning Survivors' Ceremony wraps up the week.

Please share this information with patients and survivors.

Add these Survivors' Week Events to your calendar:

Food Truck Lunch
Thursday, June 1
11 a.m. to 1 p.m.
Southeast parking lot,
8th and Phillips

Survivors' Ceremony
Friday, June 2
9 a.m.
Peggy Stephenson Healing
Garden, Lower Level

For additional information, contact Stevie Warner: 405-271-2537 stevie-warner@ouhsc.edu



Health &

Fitness Expo

Presented By:

Medicine Medicine

Registration

and Packet

Pick-Up

Marathon Health and Fitness Expo

OU Medicine is proud to have an integral part in supporting our community through its annual sponsorship of the Memorial Marathon Health and Fitness Expo. On Friday morning before race day, the expo opens to welcome thousands of runners who come to this center of activity to pick up their race packets. Vendors display everything from t-shirts and shoes to health foods and fitness equipment. Also an annual tradition, OU Physicians provides free photos as mementos of this exceptional event.



















Prepared For Guests



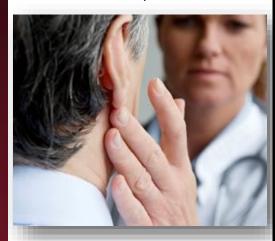
In a matter of days, a team from the Accreditation Association for Ambulatory Health Care will visit OU Physicians to consider our application for a three-year reaccreditation. AAAHC, which last visited our campus in 2014, is a national accreditation organization that sets standards for ambulatory health care entities across the country.

During its visit, the AAAHC team will conduct a top-to-bottom review of OU Physicians operations, observing clinical and administrative areas and reviewing all policies and procedures. Because it reflects a commitment to excellence in health care, the AAAHC stamp of approval is highly sought after; only a handful of the nation's academic-based physician groups have been awarded accreditation during the organization's 38-year history.

OU Physicians earned its first accreditation in 2008 and was reaccredited in 2011 and 2014. We hope to earn a full three-year reaccreditation again so please assist our team in any way you can.

Head And Neck Screenings Available

In recognition of Head and Neck Cancers Awareness Month, the Stephenson Cancer Center will host its annual head and neck checks from 1 - 4:30 p.m. on Thursday, May 18, and Friday, May 19. Screenings are open to interested employees on the Oklahoma Health Center campus.



Individual checks are expected to require no longer more than 15 minutes and will be conducted in the Head and Neck Cancers Clinic on the fourth floor of the Stephenson Cancer Center.

To make an appointment, go to http://www.signupgenius.com/go/10c0b4eaaa728a5f58-head1.

Direct any questions to Ashley Watts, Community Outreach Liaison, ashley-watts@ouhsc.edu.



You're invited to attend this informative seminar:
"Integrating Health Coaching and Technology with Vulnerable Clients"



Scott Walters, Ph.D.
Professor and Chair,
Department of Health Behavior
and Health Systems,
University of North Texas
Health Science Center,
Ft. Worth, Texas

People whose histories include chronic homelessness face multiple challenges to achieve independent living. This presentation describes a technology-assisted health coaching program for clients with histories of chronic homelessness.

Tuesday, May 9 11:30 a.m. – 12:30 p.m. Lunch provided at 11:15 a.m.

Stephenson Cancer Center Charlotte Jackson Seminar Room 5058 800 NE 10th Street

EMR Demonstration For Providers and Staff



Representatives with Cerner, an international health care technology company, will visit the OUHSC campus later this month to provide a demonstration of its Electronic Medical Record.

Thursday, May 18
Samis Education Center,
Rainbolt Family
Auditorium

Morning and afternoon sessions begin at 7 a.m. and 2:30 p.m. respectively. All physicians, advanced practice providers and applicable staff are invited to a one-hour presentation followed by an open house/question and answer sessions with Cerner staff.

Morning Session
7 - 8:15 a.m.
Acute and Ambulatory
Physician Demo
8:15 - 11a.m.
Open House and Questions

Afternoon Session
2:30 - 3:45 p.m.

Acute and Ambulatory
Physician Demo

3:45 − 5 p.m. Open House and Questions

Celebrity Visits Campus

Last month, the Jimmy Everest Center for Cancer & Blood Disorders in Children welcomed OKC Thunder star Enes Kanter. Kanter visited with several children and their families in the center, and handed out Thunder ball caps. Kanter also spent some time at The Children's Hospital, hanging out with a number of children receiving inpatient care.







Pictured above, from left: Morris Gessouroun, M.D., Christy Everest, Kanter, William Myer, M.D., and Jim Everest.







FOCUS May 2017 Page 12



A new Weight Watchers at Work series begins Monday, June 19. Join or renew your membership until May 5 to get 15 percent off your membership dues. Weekly meetings for the new series start Monday, June 19.

> Mondays at 12 Noon Basic Sciences Education Building, Room 272

Employees who join Weight Watchers with OU will receive partial reimbursement for membership dues. For more information, attend a meeting, or visit the web page:

https://hr.ou.edu/Wellness/ Healthy-Sooners/Weight-Wellness/ Weight-Watchers-On-Campus

Questions?
Contact HealthySooners
healthy-sooners @ouhsc.edu



Donations Celebrate Life

If measured by years, the life of Ethan Marsh wasn't a long one, and though short on life experience, Ethan made a lasting impression. A former patient at the Child Study Center, Ethan passed away five years ago due to a rare genetic disorder, but his family has established a legacy that will live on in his name.



Ethan's family members wanted to honor his memory in a way that would also serve the medical community that had seen them through Ethan's illness and life that ended too soon.

Allyson Marsh, Ethan's mother, decided to host a birthday celebration for Ethan. Instead of gifts, each individual was asked to bring an unwrapped item with donation in mind. Last year, the effort resulted in a car-load of toys, donated to the Jimmy Everest Center. This year, the Marsh family's efforts garnered donations to fill two cars. The Child Study Center was specifically selected to receive the generous donation of toys, books, games, dolls and stuffed animals to help clinical programs and

families in need. The items were personally delivered and gratefully accepted by staff at the center.

Photo above: the Marsh family with Mark Wolraich, M.D., Developmental and Behavioral Pediatrics, and the bounty of toys recently donated to the Child Study Center in memory of Ethan Marsh.



The HIPAA Hot Spot
is featured periodically in the
Focus newsletter. Each Hot Spot
will include a useful HIPAA Tip, and
will highlight employees and work
areas that are making a big
difference in our
HIPAA compliance program.

Have a Tip you'd like to see in Focus? Is there a HIPAA Hipster you'd like to nominate for recognition? Email jill-raines@ouhsc.edu

Need answers? Get Help! Contact:

Sally Duckett,
OU Physicians Health Information
Management and
HIPAA Administrator,
sally-duckett@ouhsc.edu;
271-0293

Valerie Golden, HIPAA Security Officer, valerie-golden@ouhsc.edu Extension 46456

Mary Milano,
HIPAA Compliance Auditor,
Office of Compliance,
mary-milano@ouhsc.edu;
271-2511

Jill Raines,
Assistant General Counsel and
University Privacy Official,
jill-raines@ouhsc.edu;
271-2033

Marty Walton,
Assistant to University Privacy
Official and to
Associate General Counsel,
marty-walton@ouhsc.edu
271-2033

HIPAA Hot Spot

HIPAA: Someone You Should Know...

Marty Walton, Assistant to the University Privacy Official and to Associate General Counsel, is a valuable member of the HIPAA team, providing HIPAA support to workforce members on a daily basis. According to Sally Duckett, HIM and HIPAA Administrator, Walton is an advocate for sharing HIPAA information and is always willing to listen and provide guidance. Mary Milano, HIPAA Compliance Auditor, notes Walton consistently goes above and beyond to make any project successful. Her knowledge of HIPAA and subpoenas is invaluable, not only to those who work alongside her, but to anyone who may have questions. Walton serves as the project manager for the HIPAA Security risk assessment being conducted in each OU Physicians clinic by the Oklahoma Foundation for Medical Quality, and many of you will be hearing from her over the next few months. Marty Walton is definitely someone you should know!

HIPAA Tip From the Desk of the HIPAA Security Officer: Saying YES to HIPAA Security Preparedness!

To ensure compliance with HIPAA Security policies, annual walk-through audits and quarterly self-audits are performed by HIPAA Security Officer Valerie Golden. Security audits are intended to *assist with improving* staff and faculty knowledge of processes that relate to access, transmittal and storage of electronic protected health information (ePHI). Security audits *are intended to be constructive* — *not punitive*. Let us help you ensure you are prepared for your next HIPAA Security audit with these helpful questions. Can you say "YES" to each of the statements below for your work area?

Device and Media Controls Policy, Security-03

- Does your work area (or designated Tier 1) maintain and keep up-to-date the device and media inventory, including flash drives and personally owned devices?
- Does your work area follow procedures to dispose of/retire ePHI hardware or electronic media where ePHI is stored?

Emailing and Transmitting ePHI Policy, Security-16

- Do workforce members send *only* that PHI necessary for the intended purpose when emailing? (The entire medical record is not always needed!)
- If applicable in your area, do workforce members use Patient Portal to securely communicate with patients?
- Do workforce members use [Secure] in the email subject line to encrypt ePHI being emailed outside the university system, when such emails are permitted by OU Physicians and clinic policies?
- Do workforce members know **not to auto-forward email** to any non-ouhsc.edu email address?

Look for more HIPAA Security preparedness tips in coming months!

Need help getting to "YES" with any of the above? If you have questions about these or any other HIPAA Security policies, please contact any of us in the HIPAA Compliance Program. We are eager to help you with HIPAA compliance.



Wheelchair Basketball Tournament

The 9th annual Wheelchair Basketball Tournament was held last month and was once again wildly successful.

The thousands of dollars raised support the Oklahoma Adaptive Sports Association to help with travel expenses and transportation to tournaments and to purchase special adaptive equipment as needed. Thanks to all for your loyal support of this event.



FOCUS May 2017 Page 15



















Executive Luncheon

OU Physicians employees who consistently demonstrate excellence in their work are guests of honor at a monthly Executive Luncheon. These luncheons provide opportunities for senior leaders to personally acknowledge employees for their commitment to excellence in every area of job performance. Those attending the most recent luncheon are pictured below.



Front row, from left: Valeria Nava, Pediatric Orthopedics

Tanya Gray, Stephenson Cancer Center

Second row, from left:

Casey Carter,
Student/Employee Health & Wellness

Mary McDowell,
Patient Accounts

Amy Kirk, Neurology Eunice Solis-Acosta, Family Medicine Third row, from left:
Amanda Kern,
OU Breast Institute

Kimberly Lakin, Obstetrics & Gynecology

> Deidra Yazzie, Patient Accounts

> Maria Carter,
> Patient Accounts

Back row, from left: Tonya Milan, Sooner Pediatrics

Phylecia Singleton, Family Medicine



OUHSC Staff Senate Spring Craft Fair

Friday, June 9 10 a.m.-2 p.m.

Robert M. Bird Library Lobby 1104 Stonewall Avenue Corner of 10th and Stonewall

Past craft fairs have included vendors and products in these categories and more:

Salsas and jams
Coffees and teas
Other food products
Jewelry
Handcrafted items
Apparel
Cosmetics



BLADDER CANCER WALK



Patients, survivors, caregivers and friends are invited to join the Stephenson Cancer Center for a bladder cancer awareness walk. It's a casual course featuring half-mile and one-mile routes. There is no cost to participate, but there's a t-shirt for those who make a \$25 donation.

Saturday, May 20 Stephenson Cancer Center 800 NE 10th Street

Garage parking available.

Registration: 8 a.m. Walk: 8:45 a.m.

Register and donate:

stephensoncancercenter.org/bladdercancerwalk

Call 405-271-4880 for more information

The Bladder Cancer Support Group meets the fourth Tuesday of each month at 5:30 p.m., Conference Room 6012, in the Stephenson Cancer Center. For more information, email bladdercansa@gmail.com or call 405-271-8384.



OU Fit Participants: Earn 100 OU Fit points for this event. Provide a photo as proof of your participation.



Welcome New Employees

Attending last month's **New Employee Orientation** conducted by OU Physicians Training and Development, these new team members were introduced to the environment, culture and special initiatives that make OU Physicians the only multispecialty group practice of its kind in the state. Be sure to extend a warm welcome when you have an opportunity.

Standing from left:
Tiffany White,
Family Medicine - Lawton
Chyene Mitchell,
Patient Accounts
Hunter Alejandre,
Pediatric Pulmonology
Seated from left:
America Gonzalez,
Stephenson Cancer Center
Jessica Jimenez,
Pediatric Otolaryngology





Standing from left: Marilyn Green, Prenatal Diagnostic Center Ebony Kizzie, **Patient Accounts** Kristin White, **Pediatric Orthopedics** Divya Patel, Dermatology Jackie Whitaker, Family Medicine - Lawton Seated from left: Terri Pena, Stephenson Cancer Center Kutoykna Lewis, **OU Cardiovascular Institute Brittany Scott** Sooner Pediatrics Angela Davis,

Stephenson Cancer Center

LIVE to GIVE



Q Medicine



Live to Give volunteers previously selected as a Volunteer of the Month may also be considered for recognition as Volunteer of the Year, an honor that includes a \$500 award.

Live to Give Volunteer Of The Month

Renae Taber,

OU Physicians Information Systems EMR Team

Renae Taber's volunteer activity has encompassed a wide variety of events and organizations that our Live to Give program supports. These have included the UCO Endeavor Games, Memorial Marathon Water Stop, Habitat for Humanity, the OU Physicians Angel Tree project, Warm Christmas and the annual Komen Race for the Cure

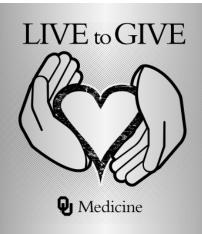
Taber said it's not always about devoting large blocks of time to help. "I love knowing that I have helped someone even if it is nothing more than a little bit of my time," she said. "Seeing the anticipation and excitement of participants at events makes it worth every minute." Taber's family is also engaged in providing foster care, typically for short-term, emergency placements. "It may be for a weekend, for a couple of months or in some cases, a foster child has stayed a couple of years. We are thankful to be able to provide a safe place for these children for whatever length of time."

Taber said employees who haven't volunteered will gain much through the experience. As Live to Give volunteers, there are chances to meet and work with others outside of the normal work environment. But Taber said there's a lot more. "There are opportunities to make a difference in the life of another person or animal. A few minutes can make a huge difference in your community — a youth group, veterans group, wherever your heart leads you to volunteer."

Taber credits her grandmother for impressing upon her the importance of being a volunteer and she hopes that call to selfless service will continue in her family for generations. "As a child, I spent countless hours at the local American Legion post and other community events. I hope that I have instilled in my children the importance of volunteering, and that they carry it forward to their children." Because her family includes many members of the military, Taber is particularly sensitive to the needs of this population. "We focus a lot of our volunteer time with veterans' groups and supporting our active-duty military personnel."

Because Taber's husband is a disabled veteran, the purpose served by UCO Endeavor Games is close to home for the family. "It's our all-time favorite event. From veterans who just want someone to talk to, to the smiles and anticipation of younger kids getting ready to compete, it's a heartwarming experience that makes memories we carry forward each year."

Taber believes it is important to involve families in volunteer activities, especially children. "Mine ask if we are volunteering for the various events each year," she said. "They have been personal cheerleaders for participants at events and have even shed a few tears, but it has definitely made an impression they will never forget."



Letter Carriers' Drive Volunteer Day Saturday, May 13

It's the designated day when letter carriers will pick up donated food individuals across the city will leave at their mailboxes. Our help is needed to organize these donated items as they arrive at the post offices.

We are sponsoring the following post office locations on Saturday, May 13.

Center City: 305 NW 5th St.

1:30 to 6 p.m. 20 volunteers needed

Edmond Coffee: 407 W Covell Rd.

1 to 6:30 p.m. 20 volunteers needed

Moore: 601 S I-35 Service Rd.

12:30 to 6 p.m.

20 volunteers needed

Interested volunteers should contact Kelli Hayward Walsh, (kelli-haywardWalsh@ouhsc.edu). Provide your name, name(s) of any quest(s), and preferred post office location. If you or your guests do not already have a Live to Give Volunteer t-shirt, provide sizes also.

Must be age 8 or older to participate in this volunteer activity.

Live To Give Is Everywhere

Food Funding Drive continues through May 31.

OU Medicine has supported the annual Oklahoma Feeding Hope and Letter Carriers' Food Drive for many years, and with your help, we have donated thousands of pounds of food each year. Our support continues this year, with a new twist. We now know the greater need is not for direct donations of non-perishable foods, but for cash donations. Cash is efficient. It doesn't require warehouse storage, a fleet of trucks or hefty manpower to load and deliver.

This year, OU Medicine is hosting its first-ever Food Funding Drive! To make it interesting, areas across campus are competing to see who can raise the most money. Find your work area listed below and use the correct link for quick, easy and convenient online donation.

OU Physicians Faculty Clinics

http://rfbo.regionalfoodbank.org/site/Donation2? 4604.donation=form1&df_id=4604&mfc_pref=T

OU Children's Physicians

http://rfbo.regionalfoodbank.org/site/Donation2? df_id=4402&4402.donation=form1&mfc_pref=T

OU Physicians Administrative Service Unit

http://rfbo.regionalfoodbank.org/site/Donation2? 4605.donation=form1&df_id=4605&mfc_pref=T

College of Medicine

http://rfbo.regionalfoodbank.org/site/Donation2? 4606.donation=form1&df_id=4606&mfc_pref=T

OU Medical Center

http://rfbo.regionalfoodbank.org/site/Donation2? df_id=4609&mfc_pref=T&4609.donation=form1

The Children's Hospital at OU Medical Center

http://rfbo.regionalfoodbank.org/site/Donation2? 4610.donation=form1&df_id=4610&mfc_pref=T

Every \$1 donated provides FIVE meals to hungry Oklahomans.

The Regional Food Bank serves seniors, families and children in need. Together, we can make a difference and become **HUNGER HEROES!**

Facts about hunger in Oklahoma:

- One in six Oklahomans struggles with hunger or food insufficiency, making our state among the hungriest in the nation.
- One in four children in Oklahoma will go to bed hungry tonight.
- The Regional Food Bank distributes enough food to feed more than 126,000 Oklahomans each week.
- Most of those served are the working poor, senior citizens and children. Senior Mobile Markets, Backpack Program, School Pantry, Summer Feeding programs and School's Out program are just a few of the ongoing feeding initiatives.
- Last year the Regional Food Bank distributed more than 52 million pounds of food.



Live to Give: It's More Than Building A House

Live to Give volunteers are faithfully coming out for Habitat work days. The progress is steady and the structure is quickly being transformed into a home for a deserving family. A few comments from our Habitat family reveal how huge the impact of this project is:

"I just want to say thank you. This means so much to me. It's more than just a house. The Lord said you will reap if you faint not. It was so hard having both of our girls in the hospital at the same time. I didn't understand, I didn't know why. Now I see God had something for us if we could just hang in there. I'm so glad I didn't lose my faith or give up on him because he didn't give up on us."















FOCUS May 2017 Page 23



OU Medicine Water Stop Supports Memorial Marathon

Like runners in the Oklahoma City Memorial Marathon, water stop volunteers must be ready for whatever the Oklahoma weather throws at them. Scores of Live to Give volunteers came through on an unseasonably chilly, wet and windy race day, to support this event that has come to have such meaning and significance to the community and state.

























Pictured with Kevin Elledge, executive director of operations, OU Physicians, and Brian Maddy, chief executive officer, OU Physicians, are Most Valuable Teammate winners, from top to bottom: Dr. Marcia Bennett, OU Health Sciences Center; Maritza Margues, OU Physicians Urology; Hillary Stickler, OU Medical System.

FitStart Challengers Celebrate With Luncheon

Finishing the eight-week 2017 FitStart Challenge, 29 teams met or exceeded the 300-point minimum to be included in the FitStart celebration luncheon. Here are the totals in each FitStart Challenge category:

Steps taken: 106,380,538 (50,369.57 miles)

Vegetable servings: 43,015 **Hours slept:** 87,753 (3,656.38 days)

Inches lost: 528.90 Pounds lost: 287.10

Team Awards

(photos on next page)

Most Steps Taken with a total of **708,608** is *Wishful Shrinking*, OUHSC Radiation Oncology Department: Christina Henson, Amy Thompson, Josiah Herrington, Lacey Allen and Team Captain Buu Du.

Most Hours Slept with 467 total hours is 2017 Brings Change,

OU Physicians Urology: Aukisha Clayton, Ramonica Anderson, Glenn Sulley, Raquel Guardado, and Team Captain Maritza Marquez.

Most Veggies Eaten: with 327 total servings is 2017 Brings Change,

OU Physicians Urology, members listed above.

Team with Best Post Assessment Results: *Sassy by Summer*, OU Physicians Otolaryngology: Silvana Davis, Gabriela Silva, Nicole Rogers, Shavent Head, Rosa Parker, Carolyn Messick and Morgan Green together lost 27.6 pounds, 5.4 BMI points and 22.25 inches.

Individual Awards

Most Valuable Teammates

Recognized by peers and OU Fit! (pictured at left)

OU Physicians:

Maritza Marquez, Patient Service Representative, OU Physicians Urology Team 2017 Brings Change

OU Health Sciences Center:

Dr. Marcia Bennett, Vice Provost for Health Sciences, Office of the Provost Team Walking Warriors

OU Medical System:

Hillary Stickler, Sr. Clinical Analyst, Information Technology & Services Team Thighsman Trophy Winners

Planking Challenge

(photos unavailable)

During Week 7, individual team members completed a planking challenge.

1st place: 11 minutes, 30 seconds

Thomas Wilson, Department of Pediatrics, Yes we CCAN! Team.

2nd place: 7 minutes 48 seconds.

Megan Bermel, L.P.N., Family Medicine, Team FMC

QFi+



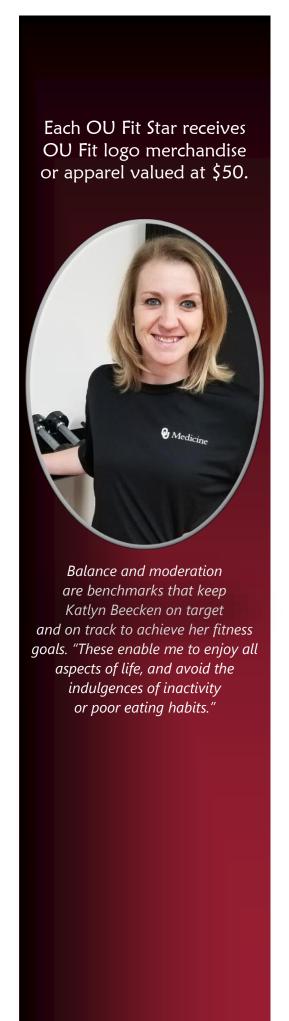








Sassy by Summer,
OU Physicians Otolaryngology



OU Fit Star of the Month: Katlyn Beecken, Clinical Research Coordinator

With an educational background in nutrition and exercise science, Katlyn Beecken's interest in health and fitness is deeply ingrained. Practicing the lifestyle came naturally and making it a top priority didn't require dramatic change.

Beecken continued to enjoy working out, remaining active through her pregnancy in 2014. But a new baby in the household introduced a new family dynamic and the Beeckens faced some challenges. "I really struggled to balance time with my son and the need to be active and cook healthy family meals," she said. "Luckily, I came across the OU Fit program, which has helped me set goals and find balance." Beecken also appreciates the NRGY fitness center that makes it more convenient to get in some gym time.

Beecken values the variety of challenges the OU Fit program offers. Not only do the challenges and competitions encompass many areas of health, they have helped her set personal goals. Especially after Braeden's birth, Beecken looked for better ways to manage and maintain a healthy lifestyle. "Now, I try to get in a workout over lunch rather than before or after work so I can spend more time with my family, and I'm working on meal plans so we can have healthy home-cooked meals," she said. Beecken and her husband, Ben, also are intentional about spending time outdoors playing with their son.

It's important to Beecken to set a good example for Braeden. "Kids learn a lot through what they see. I hope he sees an active lifestyle and learns the importance of healthy choices, and that influence will continue through his life." An additional motivation for Beecken is simply the reward of enjoying good health. "Working out and eating a variety of healthy foods makes me feel good!"

Beecken believes an active lifestyle is the foundation of a healthy body and it's a lifelong pursuit. "It's especially important to me to stay active during pregnancy. I'm expecting my second child in October, so I'm all the more committed to being healthy."

Her favorite workouts include weight training and high-intensity interval training. A new interest and goal is yoga, which Beecken intends to incorporate once or twice a week. "It's a different challenge mentally (to slow down) and physically to gain flexibility. But I know there are great benefits."

Beecken said her son loves sports and is already into running. "I bring Braeden to 5Ks in the running stroller and he loves it. He always wants to get out and run with other kids, which will be fun once he's a little older." In the meantime, the Beeckens enjoy spending time hitting baseballs in the back yard or shooting hoops. "We spend a lot of time being active together as a family!"



A Year-End Reminder

The fiscal year ends June 30. All uploads and point redemptions must be completed by this date.

These following requirements must be met for incentive eligibility:

Complete BMI assessments.

Pre-assessments for BMI must be done within 60 days of portal registration. Post-assessments for BMI will be scheduled in June. Watch for announcements with dates, times and locations.

Complete annual physical/health screening and verification form must be uploaded by June 30.

Note: When uploading verification documents, please use documents that show you at the event or proof of examination. A bib number or a photo taken at finish are examples of proof of participation. Proof of verification in the Prevention/Risk reduction category may include a document showing that you completed the exam/screening/plan. Detailed information from the visit is not necessary - only the date, your name and company/clinic name for verification purposes.

If you have any questions, contact OU Fit at **OUFIT@ouhsc.edu**

OU Fit periodically reviews uploads and point redemptions. Please be honest in your uploads.

All individual information is kept confidential and is only used as an aggregate number (not specific to any individual) for the purpose of program improvement and to promote healthier living throughout the OU Medicine employee population.

2017 Walka Walka Challenge Friday, May 19, 11 a.m. - 1 p.m.

Walking 30 to 60 minutes each day can greatly reduce your risk of dying from heart disease, diabetes and some cancers. In addition to being a good preventive measure for health, other benefits include enhanced mood, improved sleep and opportunities for social interaction. When you incorporate walking in your daily routine, you realize proven health benefits.

All employees are encouraged to participate. OU Fit participants earn 200 points for this activity.

- Online registration is not required.
- On the day of the challenge, register with a member of the Wellness staff at either end of the Skywalk that joins the OU Children's Physicians Building and OU Medical Center.
- Pick up a Walka Walka Challenge tracking card.
- Start walking and complete two laps (down and back = 1 lap) on the Skywalk. Ask a member of the Wellness team to sign off after each 0.5 lap.
- After your final lap, a member of the Wellness team will need to initial your completed tracking card.

OU Fit Participants:

Take a picture of your tracking card and upload it to your personal OU Fit account to redeem the 200 OU Fit points.

Instructions for uploading pictures:

- ❖ Log onto your OU Fit account: www.oufit.fitthumb.com
- Scroll down to the "Event" section.
- Locate "Walka Walka Challenge" and select "Click to Complete" in the blue box on the right hand side.
- Select "Choose File" and upload the picture of your completed tracking card.
- Answer the additional questions.
- Select "Submit" in the green box at the bottom.

THANKS!

Last month, 58 OU Physicians employees rolled up their sleeves to support the OU Fit-OU Physicians blood drive.



Your blood donation may well mean the difference between life and death for someone you may never know—or someone you know well. A friend, co-worker or even a family may be the one to receive the gift of life-saving blood.

The Oklahoma Blood Institute appreciates this level of support to help maintain an ample supply of blood to meet needs throughout the community and state. According to OBI, each donation saves as many as three lives.



Nearly 20,000 spectators are expected for the 6th annual Stars & Stripes River Festival, Saturday, June 24. Make your way to the Boathouse District for the this Fourth of July-themed festival that combines on-the-water fun with food trucks, RIVERSPORT Adventures, whitewater rafting, and racing throughout the day. Make your plans now to be present to support our OU Medicine teams - Row-U Coed and Row U Women- at this fun, family-friendly community event.



Events will include the RIVERSPORT Challenge kayak and 5k races, PaddleFest community dragon boat races, followed in the evening by the Corporate Rowing and Dragon Boat League Championships, and OGE NightSprints.

Participating athletes and those who support them can earn **100 OU Fit points**. Just show proof of attendance or participation in the form of a photo — your race bib, action shot of yourself, event results — and upload it to the OU Fit portal.

OU Fit Featured Recipe

Zucchini Noodles with Avocado Pesto & Shrimp

5 - 6 medium zucchini (2½ pounds)
3/4 teaspoon salt, divided
1 ripe avocado
1 cup packed fresh basil leaves
1/4 cup unsalted shelled pistachios
2 tablespoons lemon juice
1/4 teaspoon ground pepper
3 cloves garlic, minced
1/4 cup extra-virgin olive oil, plus

1 pound raw shrimp (21-25 count), peeled and deveined, tails left on if desired

1/2 teaspoon Old Bay seasoning

2 tablespoons, divided



Using a spiral vegetable slicer or vegetable peeler, cut zucchini lengthwise into long, thin strands or strips. Stop when you reach seeds in the middle (seeds make the noodles fall apart). Place the zucchini "noodles" in colander and toss with $\frac{1}{2}$ teaspoon salt. Let drain for 15 to 30 minutes, then gently squeeze to remove any excess water.

Meanwhile, combine avocado, basil, pistachios, lemon juice, pepper and remaining ¼ teaspoon salt in food processor. Pulse until finely chopped. Add ¼ cup oil and process until smooth.

Heat 1 tablespoon oil in large skillet over medium-high heat. Add garlic and cook, stirring, for 30 seconds. Add shrimp and sprinkle with Old Bay; cook, stirring occasionally, until shrimp is almost cooked through, 3 to 4 minutes. Transfer to large bowl.

Add remaining 1 tablespoon oil to the pan. Add drained zucchini noodles and gently toss until hot, about 3 minutes. Transfer to bowl, add pesto and gently toss to combine.

From EatingWell.com, January 2017

"Being healthy and fit isn't a fad or a trend.

Instead, it's a lifestyle."

Support Groups

Project 31 Breast Cancer Support Group

When: Tuesday, May 2

(first Tuesday monthly, 6:30 - 8:30 p.m.)

Where: Stephenson Cancer Center, Living Room, Floor 1

Who's Invited: Patients, survivors, families and friends of breast cancer patients
Contact: Sarah McLean, sarah@project3one.org

Hep-C Support Group

When: Tuesday, May 2

(first Tuesday monthly, 4 - 5 p.m.)

Where: Presbyterian Professional Building,

711 S.L. Young Blvd, 4th floor

Who's Invited: Patients, friends,

families and caregivers affected by Hep-C

Snacks provided; RSVP requested.

Contact: Michelle Price, 405-271-4024,

or michelle-price@ouhsc.edu

SOS Breast Cancer Support Group

When: Thursday, May 4

(first Thursday monthly at **noon**)

Where: Stephenson Cancer Center, Room 5058

Who's Invited: Patients, survivors, families and friends of breast cancer patients

Contact: Kristen Squires, R.N, C.N.-B.N.

405-271-4514, ext. 48527

HOPE in Oklahoma

Gynecologic Cancer Support Group

When: Saturday, May 6

(first Saturday monthly, 10 a.m. - noon)

Where: Stephenson Cancer Center,1st floor Family Lounge

Who's Invited: Patients, caregivers and survivors
Contact: Odra Pratt, 405-694-9517

Cochlear Implant Support Group

When: Wednesday, May 10

(second Wednesday monthly, noon-1:30 p.m.)

Where: OU Physicians Building 2nd floor, Room 2107

Contact: Carolyn Messick, MS., CCC/SLP

405-271-1368 or carolyn-messick@ouhsc.edu

Patient and Caregiver Support Group

When: Tuesday, May 9

(second Tuesday monthly, 6:30 p.m.)

Where: Stephenson Cancer Center, Room 6012

Who's Invited: Patients and their caregivers discuss topics of interest, learn effective coping skills and share in survivorship.

Contact: Chelsea Mooneyhan, 405-271-8384

Empower!

Metastatic Breast Cancer Support Group

When: Thursday, May 11

(second Thursday monthly, noon)

Where: Stephenson Cancer Center, Room 5058

Who's Invited: Stage 4 patients and those who care for them

Participants may bring their own lunches **Contact:** Kristen Squires, R.N., C.N.-B.N.,

405-271-8001, extension 48527

Brain Tumor Support Group

When: Thursday, May 11

(second Thursday monthly, 6 to 8 p.m.)

Where: Oklahoma Brain Tumor Foundation

4024 N Lincoln Blvd, Suite 220

Who's Invited: Patients, families, survivors

Contact: Cassandra, 405-843-4673

Us TOO! Prostate Cancer Support Group

When: Tuesday, May 16

(third Tuesday monthly, 6 p.m.)

Where: Stephenson Cancer Center, Room 6012

Who's Invited: Patients and survivors, and their families.

Contact: Dane Libart, L.C.S.W., 405-595-7217, or visit ustoo.org

Blood & Marrow Transplant (BMT) Gathering

When: Wednesday, May 17

(third Wednesday monthly, noon)

Where: Stephenson Cancer Center, Room 5058 Who's Invited: Patients, family members and caregivers

Contact: Stephanie Sponsler, L.M.S.W., 405-271-3402

Parents of Children With Cancer

When: Tuesday, May 23

(fourth Tuesday monthly at **noon**)

Where: The Jimmy Everest Center

OU Children's Physicians Building, 10A

1200 Children's Avenue

Who's Invited: Parents whose children have cancer

Contact: Danny Cavett, **405-271-5758**

Bladder Cancer Support Group

When: Tuesday, May 23

(fourth Tuesday monthly, 5:30 – 6:30 p.m.)

Where: Stephenson Cancer Center, Room 6012

Who's invited: fighters, survivors, caregivers and advocates

Contact: Lisa at bladdercansg@gmail.com

More Support Groups

Caregiver Support Group

When: Wednesday, May 24

(fourth Wednesday monthly, Noon - 1:30 p.m.) Where: Easter Seals Oklahoma, 701 NE 13th Street Who's Invited: Those caring for patients with

long-term or chronic illnesses

Contact: Tony Lippe, 405-239-2525, or info@eastersealsoklahoma.org

Lunch provided. Please RSVP

www.eastersealsok.org/caregiver-support-group/

Pancreatic Cancer Support Group

When: Thursday, May 25

(last Thursday monthly, 6 p.m.)

Where: David L. Boren Student Union, 1106 N Stonewall, Room 260

Who's Invited: Patients, their friends and families.

Refreshments provided.

Contact: Dan Brackett, 405-380-8236, or Julie Linse, 405-250-1835

Spanish-Speaking Cancer Support Group

When: Friday, May 26

(last Friday, monthly, 5:30 p.m.)

Where: Stephenson Cancer Center, Room 5058

Who's Invited: Spanish-speaking cancer patients, survivors and their guests or caregivers

Contact: Carmen Soriano, R.N., 405-41-2438 or Celia Hollis, 405-236-0589

These groups meet every other month:

Young Adult Cancer Support Group

When: Thursday, May 25

(designated Thursday every other month, 5:30 p.m.)

Where: Republic Gastropub, Classen Curve

Who's Invited: Young adult cancer survivors and patients

Date and locations may vary from month to month.

Contact yasgoklahoma@gmail.com to be included in email distribution

Support Group for Adults with Diabetes

When: Friday, May 26

(fourth Friday, every other month, 1 p.m.)

Cooking class follows at 2 p.m.

Where: Harold Hamm Diabetes Center, 1000 N Lincoln Blvd., Suite 3200 Who's Invited: Diabetes patients, their friends and family members

Contact: 405-271-5642 or groups@haroldhamm.org

RSVPs requested in order to ensure availability of materials.